



Alternative Wellness Center  
Reminding Your Body How to Heal Itself

Alternative Wellness Center  
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Services	Description	Length of Service			
		10	30	60	120
NEW CLIENT SESSION	Combination of all services needed. Need determined through applied kinesiology testing or / and by customer request. Most New Client Sessions last 1 ½ to 2 hours.	~	~	~	\$93
BUNDLED SESSION	Combination of all services needed. Need determined through applied kinesiology testing or / and by customer request.	~	~	\$93	\$153
TOTAL BODY ANALYSIS (TBA)	TBA is a system that will define exactly why your body isn't well. We then provide you with a custom remedy to detox the cause of your illness. Once you detox the cause, your body can heal itself!	~	~	\$93	~
THE EMOTION CODE	The Emotion Code is the simplest, easiest and fastest method ever devised to identify emotional baggage from past trauma, known and unknown and release it.	\$18	\$63	\$93	~
APPLIED KINESIOLOGY TESTING	Applied Kinesiology testing as requested by client. This can be used for supplements, foods, products, questions, etc.	\$18	\$63	\$93	~
FOOD ALLERGY TESTING (IgE)	Food Allergy test uses applied kinesiology to identify which foods your body is allergic to. Food allergies are most often due to an immune system issue, which is typically correctable.	\$18	~	~	~
FOOD INTOLERANCE TESTING (IgG)	Food Intolerance test uses applied kinesiology to identify which foods are intolerant to your body. Food intolerances are most often due to a gut lining issue, which is typically correctable.	\$18	~	~	~
REIKI SESSION Sessions are in person only	Reiki is said to be an "intelligent" energy, because it is Universal Life Force Energy. The Reiki energy automatically takes on the correct energetic imprint to induce healing in the client. This is done off the body.	\$18	\$63	\$93	\$153
ACCESS BARS SESSION Sessions are in person only	During a session thoughts, ideas, attitudes, decisions, and beliefs are released that may have limited you in the concerned life areas.	~	\$63	~	~
ENERGY CLEARING SESSION	This work will assist your body in releasing stuck energy so your body can heal itself.	\$18	\$63	\$93	\$153
INDIGO POINT OF ESSENCE (POE) SESSION Sessions are in person only	The Point of Essence is a spiritual healing for Adults that unblocks your constraints, restraints, and suppression, which allows you full expression of your being.	~	~	\$93	~
INDIGO YOU-ME GAMES Sessions are in person only	This is a healing game played between one parent and child over two 60 minute sessions. Like the POE it unblocks constraints, restraints, and suppression, which allows your child full expression of their being.	~	~	~	\$153

Most services offered in office, over the phone, through Skype or Zoom and remotely. A remote session does not require a session time. The client submits the needs of the remote session. The remote session is completed and results are emailed to the client. All services offered to humans and pets of all ages

**Pricing effective January 1<sup>st</sup>, 2020, shipping is additional and provided by USPS unless otherwise requested.**

*Discounts offered to teachers, military, pets, 70+, 10 and younger:  
\$153 sessions discounted to \$93; \$93 sessions discounted to \$63; \$63 sessions discounted to \$42; \$18 sessions discounted to \$12.*